



Corporate Sufi

Business, Balance & Beyond

IGNITE YOUR SPARK Online Program

The online program begins with a self evaluation on the following 15 areas. The guided self evaluation rating consists of the average of your deep understanding of the concept and the consistent application in your regular life. The application of these concepts apply to all walks of life - at work/business, with family and other social settings including voluntary pursuits. The more objective and honest you are with your private self evaluation the better the outcome.

The 15 areas (3 per letter of S.P.A.R.K) are:

SERVICE

- Service Mantra - areas where you serve at your highest aptitude and enthusiasm
- Secret Sauce - always giving more than you are compensated for thus increasing your value in the eyes of the receiver be it an employer, customer, family member or a non profit
- Applying the concept of Namaste meaning the divine in me is bowing down to the divine in you. The application of this leads to a long term deep and trusted relationship with others.

PURPOSE

- Opening your Birth-Day gift - Discovering what your birth-day gift is (the natural gift you are born with) and applying it consistently in your life
- Articulating your Ultimate Purpose Credo (how your life success/significance) will be defined by and aligning your life (everything you do) to it.
- Being in Flow state totally present, content and in control

ATTRACTION

- Affirmation Attraction - Knowing your ideal identity and affirming it twice a day

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- Activity Impact - Being able to focus all your energy and time on things that matter most and not getting caught up in an activity trap
- Dare to Dream - We all have phenomenal capacity but most of us hardly scratch that possibility. Learning to dream big and learning the tools to get there.

RESILIENCE

- Inverse Paranoid Mentality - Instead of getting paranoid with a bad situation you apply the inverse paranoid method
- Positive Mental Attitude (PMA) - Always wearing the hat of PMA not negative mental attitude NMA
- Bouncing Back bigger & stronger - Each time you fall down you end up bouncing back bigger and stronger

KNOWING

- Meditation - Learning the simple art of meditation and reaping enormous benefits from it
- Journalling - Mastering the Art of journaling and doing it consistently
- Creating the Synergy of Business/Work, Balance (Family/Health) & Beyond (Purpose, Happiness)

Total 3x5 = 15 areas.

Our promise is that after 66 days of the online program you will enhance your overall rating on average by 10 to 30 % if you follow and carry out our guidance and method during the 66 days. If you don't achieve this rating you will get extra help to get there until you achieve this rating. You will get the opportunity to weekly evaluate your progress.

Let us take one example out of 15 which is being in the flow state which is part of Purpose.

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In a flow state, we feel energized, motivated, and fully engaged in the task before us. You are totally present, content and in control.

A 10-year study conducted by McKinsey found that flow made executives five times more productive. This means, if you can spend Monday in flow, you'll get as much done as your steady-state peers do in a week. In fact, according to these same McKinsey researchers, if we could increase the time we spend in flow by 15-20%, overall workplace productivity would almost double. Most people are in flow for less than 5% of their time. With an increase of 10 -30 % just in this one area out of 15 areas in this online course you would double your productivity. Imagine what happens if you enhance your overall rating in 15 areas by 10 to 30 %. This points to the power of the 66 day online program.

Below please find how you apply to be part of the online program. We may qualify you to be part of the program by giving you a call after we receive your registration and payment. If you are not accepted in the program we will refund your money. Kindly send your phone number after you register to info@corporatesufi.com

Please click this link to register for some more information and pay for the program. The cost is a fraction of the fee we normally charge our customers.

<https://www.corporatesufi.com/spark-masterclass>

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